

7 Facets of Social and Emotional Well-being

Booklist that could support this type of learning for kids ages 0-8. The seven facets are:

1. Building relationships – friends

Where Oliver Fits
Elephant and Piggie Series
I Walk with Vanessa
The Invisible Boy



2. Kindness & Empathy – caring for others

How to Be a Lion
Elephant and Piggie series
I Am Human
I Walk with Vanessa
Strictly No Elephants
We're All Wonders
The Invisible String
The Invisible Boy
Pass it On
When We Are Kind



3. Personal Well-Being – sense of joy and happiness

Rosie's Glasses
The Bad Seed
I Am Peace
ABC Yoga
My Heart Fills with Happiness



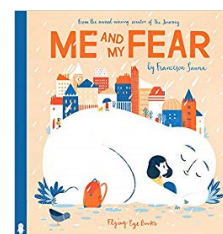
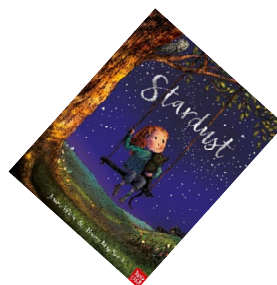
4. Sense of Identity – who am I

Why the Face
I Am Human
There is a Tribe of Kids
Half a Giraffe
Last Stop on Market Street
Stardust
Remarkably You



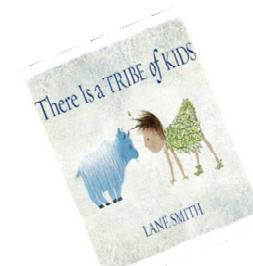
5. Self-regulation – identifying and managing emotions

Rosie's Glasses
Me and My Fear
The Color Monster
Oh No, George
My Many Colored Days
You Will Be My Friend
Eat Pete
I'm Sad



6. Contributing to the Learning Community – belonging

Where Oliver Fits
The Wall in the Middle of the Book
The Only Way is Badger
There is a Tribe of Kids
All Are Welcome



7. Sense of agency – advocating for self and addressing own needs

How to Be a Lion
I Am Human
Book of Mistakes
Remarkably You